



THE PTSA NEWSLETTER

Langley High School

September 2009

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MESSAGE FROM THE PRINCIPAL

Welcome back! The administrators and office staff have been working throughout the summer to incorporate a great many changes coming to Langley for the 2009-2010 school year. The changes are from a variety of sources: there are new federal, state, and county mandates; swine flu and the tight budget require some new safeguards and procedures; and we have adjusted some policies and procedures here at Langley to better serve a broader range of students. All these changes will be positive for students and families in the long run. However, any change requires adjustments, flexibility and patience as we all work to assimilate the new ideas into our daily lives.

In the interest of space and time, I won't detail every single change. However, I will share with you some highlights. More details will come to you in the back-to-school packet and Keep in Touch messages. We will also try to put it all on our website.

The most exciting difference for this school year will be our new Saxon Time. We have adjusted the bell schedule to include thirty minutes of academic intervention. Students with unsatisfactory grades will be required to attend extra help sessions. Students with good grades will be able to use the time to catch up on homework, make up assignments, conduct research, earn service hours by tutoring other students, or seek extra help voluntarily from a variety of sources.

Most high schools in the county have adopted something similar to Saxon Time and are seeing higher achievement and more engaged students with lower stress levels. Our faculty researched the idea last year by visiting schools, reading the literature, and discussing it in large and small groups. They recommended a new bell schedule and wrote guidelines to govern the time and how it should be used. I am very proud of them for their dedication to the project, and they are excited by the possibilities.

Another big change this year will be the elimination of Color Day. Instead of Color Day we have worked directly with the Student Government Association (SGA) to include more activities during Homecoming week that will be more fun than one, single, crazy day. Color Day has been a long tradition here at Langley and I did not relish the decision to cancel it. But I could not stand by and watch another year of school-sanctioned hazing. I am confident that all students will embrace the spirit of Homecoming and have a great time at the added events.

Prior to the end of the school year, I met with all the class officers to

explain my point of view. I told them that while ninety percent of the student body may be having fun that day, the other ten percent were having a horrible time and many of them were physically assaulted. In addition, property was damaged and our neighbors, the police and school officials have all lost patience. I further told them that this was their opportunity to do something new and spectacular; that they had a blank check to celebrate Homecoming as long as their plan did not hurt people or destroy property. All the class officers seemed to understand my message and were enthusiastic about the possibilities.

Despite the class officers' reactions, I know there are students still disappointed with this change. I need your support and assistance to explain and educate them. Please talk with your teens about this: ask them to understand why we had to do this, what they think about it, implore them to give Homecoming a chance, and explain that embracing the new Homecoming traditions will be a lot more fun than fighting against them. I know if we are united and have meaningful conversations that all our students will enjoy the week and it will set the stage for a great, spirited year.

Finally, swine flu is predicted to be a problem this year. There is detailed information on the FCPS website www.fcps.edu/news/swineflu.htm. All the information can be boiled down to this: students should be fever-free for twenty-four hours in order to attend school; make-up work will be available via Blackboard or direct email communication with teachers; and wash your hands frequently. If there are significant absences or changes to the policy, we will communicate with you via the Keep in Touch system. So, please make sure your email information is up-to-date.

There is much more information to share, but I am out of space and time. Please make every effort to attend the parent coffees where I will be able to share more with you and be able to take your questions. In the meantime, take care and thanks for reading. Best wishes for a fantastic school year!

Matt Ragone, 703-287-2704, Matt.Ragone@fcps.edu

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MESSAGE FROM THE CO-PRESIDENTS

"Summer is a promissory note signed in June, its long days spent and gone before you know it and due to be repaid next January." Hal Borland

Greetings to everyone as we begin the 2009-2010 school year. We extend a very warm welcome to the new families, faculty and staff members who have joined our Langley community.

The PTSA newsletter has gone green! This year we will distribute the newsletter as an online publication only. The monthly newsletter contains important information and upcoming dates and we urge you to read it. In addition, you will find answers to most of your questions about Langley on the school website www.fcps.edu/LangleyHS and the PTSA website www.langleyptsa.org. At your fingertips are calendars, daily announcements, bell schedules, athletic events, teacher contact information and many other helpful links which are regularly updated.

This year, the PTSA, in association with the administration, is launching a special technology fundraiser. Our current technology is severely limiting to teachers and staff, and with extremely tight school budgets looming for several years, your generous donations will be immediately beneficial to our students and school. Please make your tax-deductible contribution to the special Technology Fund today.

A great way to meet the faculty, administrators and staff is to frequent school and PTSA-sponsored activities. We encourage you to attend the principal's coffees, class dinners and coffees, and family network programs as well as performing arts and sporting events. Dates, times and locations are in the Class News and Calendar sections of this newsletter.

Mark your calendars for Back-to-School Nights: Wednesday, September 30 (grades 9 and 10) and Wednesday, October 7 (grades 11 and 12). Parents will experience an abbreviated version of their student's day and meet the teachers. Please bring a copy of your child's schedule, including classroom locations.

Consider this your invitation to join the PTSA. Our parents have a long history of supporting school programs and teacher activities. Please help us reach our membership goal of 100% again this year.

We would like to thank the many parent and student volunteers who spent countless hours helping us get a smooth start to the year. Every flyer in the back-to-school packet has a committee behind it and volunteers who helped collate them into the packet. While many of us were still enjoying our vacations, the hospitality committee was

putting in overtime. Many thanks to Michelle Dymont-Fanning, Suzanne Emery, Mary Ellen Overend, Melissa Eklund, Ann Goettman and Tracy Tomlinson for the delicious brunch they served at the first faculty meeting in August.

We would love to have your help during the school year. Volunteering is a wonderful way to meet and network with other parents while giving back to the LHS community. Be sure to fill out your volunteer form and return it to the school at your earliest convenience.

Please contact us with any questions or concerns. We wish everyone a happy, healthy and successful school year.

Andrea Sotter, 703-356-2488, andrea4@cox.net
Stacey Wood, 703-757-4412, woods9f@aol.com

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PTSA Committees

FAMILY NETWORK

Class coffees are a great way to meet other parents and school administrators, to learn about upcoming events and to discuss issues relevant to your student's class. Please join us in the auditorium on the following dates:

Freshmen parents:	Tue, Sept 15, 9:30-11 am
Sophomore parents:	Fri, Oct 2, 9-10:30 am
Junior parents:	Thu, Oct 1, 9-10:30 am
Senior parents:	Wed, Sept 30, 9-10:30 am

Family Network is looking for volunteers to help plan, set up, and organize speakers and events dedicated to educating parents and students about issues affecting our high school students. This year's topics will include, among others: underage drinking, decision making, stress, and ethics. Some programs will be offered during the day, others at night. Please save these dates for already-scheduled programs:

Freshmen, Oct 22

Conversations That Count: Making healthy decisions regarding drinking/drugs at parties, Homecoming and Prom while also managing peer influence

Sophomores, Nov 19

Driving Our Decisions: The opportunities and challenges that come with learning how to drive: knowing the law, avoiding underage drinking, curfews and consequences, parental responsibilities

Juniors, March 22

Less Stress, More Success: Important discussion as the college process looms

Seniors (students only), April 15

Ethics Day

Juniors and Seniors, Oct 21

GAP Year Program: Taking time off between high school senior year and college

For more information, or if you are interested in helping, please contact Mary Monferdini, garrett649@aol.com, Betsy Shomaker, shomaker.jb@verizon.net, or Leslie Craver, dewcraver@verizon.net.

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FINE AND PERFORMING ARTS

Langley has an excellent program of fine and performing arts. The mission of the Fine and Performing Arts Society (FAPAS) is to provide financial support to the departments of art, music and drama. Last year FAPAS helped fund items such as photo scanners, music scores, darkroom lights, air purifiers for the ceramics studio, Epson Stylus printer for the fine arts studios, sewing machine for drama, special-effect make-up, and 4-in-1 easels.

Please consider a donation and become a member of the Fine and Performing Arts Society to help Langley offer the best programs possible. Even if your student is not enrolled in one of these classes, they still benefit by

attending a performance or viewing the art work displayed. Contributions are 100% tax-deductible and your membership will be acknowledged in our programs throughout the year. Look for our flyer in the back-to-school packet. Please contact us if you have any questions. Thank you in advance for your contribution.

*SueAnn Morabito, rs4mor@verizon.net
Heide Zufall, heide@zufall.com*

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GROCERY RECEIPTS

Grocery receipt time is here again! Earn money for Langley when you shop. Registration is easy and only takes a few minutes. (Remember, even if you registered last year, you must re-register) Here's how:

Register your Giant Bonus Card for A+ Bonus Bucks at any Giant or at www.giantfood.com/aplus (school code 01995).

Register your Safeway Club Card at www.escrip.com (school code 6526530).

Register your Harris Teeter VIC card for the *Together in Education* program. Tell the cashier the school code or link your card at www.harristeeter.com (school code 5420).

Buy supplies at Office Depot and Langley can earn 5% in store credits on qualifying purchases. Mention Langley High School or the school code (70104190) to the cashier when making a purchase.

Use your Target Visa or Target Card and Target will donate 1% of purchases made at the store or at Target.com and 0.5% of Target Visa purchases made elsewhere. To register, call 1-800-316-6142 or go to www.target.com (school code 103662).

Sign up today or look for the grocery receipt sign-up form in the back-to-school packet. Please sign up or return the completed form as soon as possible! Contact me with any questions.

Catherine Johns, 703-376-8181, catric@cox.net

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LANDSCAPING

Langley has a beautiful exterior and it comes from the hard work of volunteers. If you are interested in donating your time and effort to a very good cause, please join us. Weeding and mulching are particular needs and can be done together on a regular weekly schedule as a committee or independently as you are available. We have also started an adopt-a-plot program where groups (scouts, church or eco clubs) or families can sponsor one area or garden to maintain throughout the school year. Come join us for fun and to create a lovely place for all to enjoy. If outdoor work doesn't suit you or you don't have the time, we also need donations of money for plants and maintenance of the irrigation system. Any checks should be made out to LHS PTSA, with Landscape committee written on the memo line, and sent to the school in care of the PTSA Treasurer. Your help is much appreciated!

*Donna Kiffe, MDKiffe@aol.com
Chris Berkley, Berkleypup@cox.net*

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MEMBERSHIP

The Langley Parent Teacher Student Association (PTSA) is a great way to invest in your child's educational experience and stay connected to other parents and to faculty. Your dues support the indispensable student directory. Our funds also help maintain the Langley PTSA website, the dynamic speaker series for students and parents, educational enrichment for students, hospitality for faculty and parents, support for the Senior Ethics Forum, and a safe and drug-free graduation party for our seniors. These important programs and activities that expand and enrich our children's academic experience rely on your support.

Look for the PTSA membership sign-up sheet in your student's back-to-school packet and be sure to join the PTSA family. With as little as \$15 per parent and \$5 per student or faculty member, our extended Langley family can accomplish so much! Additional contributions are welcome and are tax-deductible. Forms are also available at www.langleyptsa.org. For more information, contact us.

*Gail Welch, gailwelch@hotmail.com
Tracey Liberson, TNL583@aol.com*

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PROFESSIONAL DEVELOPMENT FUND

The Professional Development Fund provides funding for teachers and staff who wish to further their professional development by taking courses, attending workshops or conferences, etc. We are pleased to announce that in the 2008-2009 school year, the PDF committee awarded many faculty grants totaling over \$16,000. The PTSA along with teachers, administrators and counselors are grateful to all participating Langley parents. We would like to encourage you to continue your support for this important fund. Please contact us with any questions.

Leslie Anderson, 703-757-6601, lkaleslie@aol.com

Insun Hofgard, 703-759-7877, jhofgard@aol.com

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REFLECTIONS

The theme of the 2009-2010 Reflections program is "Beauty is..." Start now, use your imagination and maybe your memories of a great summer, and create a work of art. Any student may enter his or her piece of art in the following categories: Dance Choreography, Film/Video Production, Literature, Music Composition, Photography and Visual Arts. Students may submit multiple entries in multiple categories if they wish. Deadline for submission of work is Thu, Oct 15 in the school office. For more information, contact me.

Alexandra Bechter, 703-992-9612, cfs234@gmail.com

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Class News

CLASS OF 2013 (Freshmen)

Welcome parents of the Class of 2013! As class parents, we are here to help both students and parents with the transition to high school and throughout your Langley years. September will be full of fun and informative events to help introduce you and your student to Langley life. Please mark your calendars:

- Tue, Sept 15, 9 am - Parent coffee: All parents are invited to meet the principal, our assistant principal and class sponsor.
- Tue, Sept 22, 7 pm - Class dinner: All families are welcome. This is our first fundraiser!
- Wed, Sept 30, 7 pm – Back-to-School Night: All parents are encouraged to attend. This is your chance to meet your student's teachers as you follow your student's schedule and go to each classroom. Remember to bring a copy of their schedule with you so you know where to go.

In addition, please:

- Look for flyers in your student's back-to-school packet for more information about upcoming events.
- Read the PTSA newsletter for more information about our class.
- Make sure your email address is correct on the emergency care form (in the back-to-school packet) so that you will be enrolled in Keep in Touch to receive important information from the school via email.
- Send your name and email address to Langley2013@gmail.com. This will facilitate our compilation of an email list of all parents for the class of 2013.

We look forward to sharing these next four exciting years with you. Please send any questions or comments to Langley2013@gmail.com.

Freshman Class Parents: Sandra Even, Kathy DeFriest, Beth Harkaway, Virginia Kennedy, Donna Poyner, Alison Regen, Gail Welch

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CLASS OF 2012 (Sophomores)

Welcome to sophomore year! There are lots of forms to fill out and checks to write! Please look through your student's back-to-school packet and locate the sophomore class form. Consolidated on one order/payment form are the class t-shirt and class dinner ticket orders, the class dues and parent/student name and email address information. Please fill this out (making sure your email address is legible), write a check payable to Langley High School for the appropriate amount, and mail it by Sept 15 to Debbie Volpicelli at the address on the form. If you have any questions, please contact your class parents, Langley2012@aol.com. We appreciate your promptness!

The sophomore class dinner is Wed, Sept 23, 6 pm in the cafeteria. It's an evening of great food and great fun catching up with friends and our administrators and teacher sponsors. It's also our main fundraiser of the year. The entire family is invited. Just fill out the form (mentioned above) with the names of those who will join us at the dinner so we can prepare the name tags that serve as tickets. Tickets are \$20 per person if purchased in advance and \$25 at the door. We look forward to seeing you and your family there!

Back-to-School Night is Wed, Sept 30, 7 pm. This is your chance to meet your student's teachers as you follow their schedule and go to each classroom. Remember to bring a copy of their schedule with you so you know where to go.

The sophomore class t-shirts will be distributed during lunches on Oct 13 and Oct 15. Your t-shirt is included in your class dues. All Langley students will wear the shirts to school on Fri, Oct 16 for the big Homecoming pep rally.

Once again there will be four class coffees throughout the year; our first will be Fri, Oct 2, 9 am. Check your back-to-school packet for your invitation to this event. Future coffees are Dec 3, Feb 8 and May 4. We try to cover issues pertinent to sophomore year and invite appropriate speakers. If you have suggestions regarding speakers or topics to discuss, please let us know.

This year the sophomore class will be selling Langley Saxons blankets. We have two great selections. The first is a 50" by 60" picnic blanket with fleece on one side and water resistant nylon on the other side which sells for \$30. The second is a 54" x 84" heavyweight stadium blanket with 5-color embroidery that sells for \$60. Please look in your back-to-school packet for your order form.

Sophomore parents will have a chance to attend a driver's education information night this fall (date TBD). Langley teachers will explain what is taught in driver's education at school and what is available through the county for behind-the-wheel training. The police will discuss restrictions on teenage drivers as well as permit and license requirements, and insurance company representatives will explain when and how to properly insure your teenage driver. We will send a separate notice about this event to all sophomore parents when we know the date and time.

Last year we formed the special moments committee to begin gathering photos and video of the Class of 2012 throughout their years at Langley. Please continue to share your great shots with us by emailing your photos and video to Photos2012@gmail.com.

We are looking forward to a great year. To keep up with all of the activities at Langley, check the master calendar on the school website www.fcps.edu/LangleyHS. Be sure to read the online PTSA newsletters for more information about our class. Also, be sure that your email address is correct on the emergency care form (in the back-to-school packet) so that you will be enrolled in Keep in Touch to receive important information from the school via email. We will also send separate Class of 2012 emails with information for parents. Please be sure to include your email address on the order/payment form that you return to us so we can get information to you throughout the year.

Please contact us with any questions, concerns, or suggestions. Thank you for your involvement!

Sophomore Class Parents: Debbie Volpicelli, davolpi@cox.net; Nina Brugel, brugels@cox.net; Karen Dodd, KZDodd@aol.com; Jennifer Hodges, scrapmom1@verizon.net; Stacey Wood, Woods GF@aol.com; Lynne Vasiliadis, lynnevas@cox.net; Cynthia Cross, cross348@cox.net
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CLASS OF 2011 (Juniors)

Welcome Class of 2011 to junior year! It will be a full, busy year and we will do our best to help keep you informed of all class-related activities throughout the year. Please go through your student's back-to-school packet and look for the Class of 2011 forms. On one order/payment form you can join the class email list, request a t-shirt size, pay class dues, and order and pay for class dinner tickets. Please fill this out (making sure your email address is legible), write a check payable to Langley High School for the appropriate amount, and mail it in the envelope that is attached to the forms (addressed to Donna Hoffman). Please send in your form and payment by Sept 14. If you have any questions, please contact Donna, dhoff960@cox.net.

The junior class dinner is Wed, Sept 16, 6:30 pm in the cafeteria. It's an evening of great food and great fun catching up with friends and meeting our administrators, class officers and teacher sponsors. It is also our main fundraiser of the year. The entire family is invited. Just fill out the form (mentioned above) making sure to include the names of those who will join us at the dinner. It is \$20 per person. We look forward to seeing you and your family there!

The first junior class coffee will be Thu, Oct 1, 9 am in the auditorium. There will be three more class coffees throughout the year. If you have suggestions regarding speakers or topics to discuss, please let us know.

Back-to-School Night is Wed, Oct 7, 7 pm. This is your chance to meet all of your student's teachers as you follow their schedule and go to each classroom. Remember to bring a copy of their schedule with you so you know where to go.

We are looking forward to a great year. We will send emails throughout the year. Also check Langley's website www.fcps.edu/LangleyHS and the PTSA website www.langleyptsa.org for updated information. We welcome your involvement and thank you for it! There are many opportunities to get involved. Please take a look at the volunteer sign-up sheet and send it in with the class form. Please contact us with any questions, concerns, or suggestions.

Junior Class Parents: Cyndi Gray, Zmagic7@aol.com; Mary Ellen Overend, MEOverend@aol.com; Donna Doll, DonnaDDoll@cox.net; Melissa Eklund, meleklund@aol.com; Nancy Gretzinger, NGretzinger@imagexinc.com; Donna Hoffman, Dhoff960@cox.net; Nancy Keefe, nkeefe@cox.net; Ellen Speros, ESperos@aol.com; Janet Wright-Simpson, jwrightsimpson@hotmail.com

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CLASS OF 2010 (Seniors)

Welcome back! We are on the threshold of our senior year and whether your student is your first high school graduate, your last, or somewhere in between, you know the year will be gone in the blink of an eye. We will keep you informed and give you as much advance notice of the many upcoming dates and events as possible. The ever-changing list has been included in the back-to-school packet. We need your help more than ever! Keep informed of all date changes and additions by enrolling in the class email list by emailing Langley2010@gmail.com with "enroll me" in the subject line, and also by reading the PTSA newsletter and visiting the Langley website.

The Class of 2010 has been so fortunate with all the wonderful volunteers who have stepped up over the past 3 years to give so generously of their time and money. You are the class's unsung heroes. So we take this opportunity to thank you so much for all your contributions! We know we will continue to achieve success because of YOU.

Please review the information in the back-to-school packet, complete the forms, and return your reservations and class dues by Sept 8. To increase senior spirit, we will conduct a senior spirit wear sale. The order form is included in the BTS packets. Any questions can be directed to Karin Brown, KarinBrown@cox.net.

You are invited to attend the class dinner and Guidance College Program, Tue, Sept 15, 6 pm in the cafeteria. Tickets are \$20 with dinner catered by Chipotle and Wings. The dinner is a perennial and important fundraiser for the class. But more importantly this year, immediately following dinner, at 7:30 pm the Guidance College Program will be held in the auditorium. After a general presentation, each guidance counselor will conduct a group meeting for his/her students and their parents. To make reservations, complete the flyer in the BTS packet or contact Michele Petersen, cmtapetersen@aol.com, or Diane Robie, dianerobie@hotmail.com.

Principal Matt Ragone and Assistant Principal Tommy Meier will welcome you back at our first parent class coffee on Wed, Sept 30, 9 am in the auditorium. Please contact Teresa Hyatt, TCH_design@yahoo.com, if you can help with refreshments.

October is a busy month with make-up senior photos by appointment with Lifetouch on Oct 1-2; Back-to-School Night on the 7th, 7 pm; Homecoming week starting on the 13th with our first class trip to ESPN Zone on the 14th, football game against TJ on the 16th, 7:30 pm, and the Homecoming Dance on Sat, the 17th, 8-11 pm. Seniors sponsor the Homecoming Dance so if you can help, please contact Luann Levitt, Langley2010@gmail.com.

Contact us anytime with questions or concerns. We look forward to an exciting and rewarding year "earning wings" for our students.

Senior Class Parents: Luann Levitt, langley2010@gmail.com; Karin Brown, KarinBrown@coxnet; Silvia Brugge, sfbrugge@yahoo.com; Kelly Ghaisar, kghaisar@aol.com; Teresa Hyatt, TCH_design@yahoo.com; Michele Petersen, cmtapetersen@aol.com; Diane Robie, dianerobie@hotmail.com; Mollie Vardell, molliev@verizon.net

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ETHICS FORUM

Save the date...the Senior Ethics Forum will be Thu, April 15. Attendance is mandatory for seniors, so mark your calendars now to avoid conflicts with last-minute college visits and appointments. We are pleased to announce that once again Gannett has generously offered the use of its corporate facility in McLean. An integral part of the senior humanities program, this event serves as a springboard for graduating seniors by challenging them to evaluate their personal ethics within a more societal/global framework. More than 75 adult facilitators (other than Langley

teachers or senior parents) work with small groups of students as they participate in a series of modules designed to make them THINK! Please contact us for additional information.

Susan Mayman, smayman@verizon.net
Janet Wright-Simpson, jwrightsimpson@hotmail.com

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BACCALAUREATE

Baccalaureate, on Sun, June 13, is a voluntary interfaith and multicultural program that celebrates graduation for seniors, their families and faculty. The program is planned and performed by seniors with parent support. This celebration is a non-school sponsored program and its success depends upon volunteer efforts and financial support from Langley parents, students and the community. To donate to Baccalaureate please send your tax-deductible contribution to: LHS PTSA Baccalaureate, c/o Paul Purcell, 10320 Yellow Pine Dr., Vienna, VA 22182. We welcome participation by all students and parents. To volunteer, please contact Laura Mendelsohn, 703-759-2627, or Christine Purcell, 703-757-5885.

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ALL NIGHT GRAD PARTY

The All Night Grad Party 2010 will be held Thu, June 17, 11 pm to Fri, June 18, 5:30 am. This long-time tradition will be held at Langley the night of graduation. Graduates have a blast celebrating with their friends in a safe, alcohol and drug-free environment. Further information and a ticket form are in the back-to-school packet. Please purchase your child's ticket now (which is discounted for early purchase) and sign the release on the back of the ticket form that will allow your child to attend. The form can be returned to school with the other packet materials. Contact Lisa Walsh, lisawalsh@mindspring.com, or Joanna Ehat, jgehat@cox.net, with any questions or if you are interested in helping with this worthwhile event.

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Counseling Connection

Testing

PSAT FOR 10TH AND 11TH GRADE STUDENTS

The PSAT will be administered at Langley on Wed, Oct 14 to all students in grades 10 and 11. FCPS pays to score the results for all sophomores; it is not necessary to register your sophomore. Juniors must pay to get their results scored and returned. The payment form for juniors is in the back-to-school packets. Cost for the test is \$17. Checks should be made payable to Langley High School and returned to the front office, attention Assessment Coach; please put your child's legal name and grade 11 on the memo line. A list of students from whom we have received payment will be posted at Back-to-School Night. Since this score is used for the National Merit Scholarship program, Langley will submit answer sheets for all juniors taking the test that day. However, you will not receive your score unless you pay.

ACT EXPLORE TEST FOR 9TH GRADE STUDENTS

On Wed, Oct 14, ninth grade students will take the ACT Explore test. This test is specifically normed for ninth graders and will provide a practice opportunity for the ACT test. Langley is a test site for the ACT and increasing numbers of college-bound Langley students are taking the ACT in addition to or instead of the SAT. The payment form for freshmen is in the back-to-school packets. Cost for the test is \$17. Checks should be made payable to Langley High School and returned to the front office, attention Assessment Coach; please put your child's legal name and grade 9 on the memo line. A list of students from whom we have received payment will be posted at Back-to-School Night.

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Department News

HUMANITIES

The department welcomes Ms. Kathleen Stankiewicz who will be teaching 9th grade history and senior government and Jennifer Hogue who will teach 10th grade World Studies II and English 12. We also welcome Judy Chelson back to Langley after a year away. She will teach 9th grade World Studies I. The summer reading assignments are posted on the Langley website. Welcome back everybody. We are looking forward to a great year!

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LIBRARY

The library welcomes Lisa Boccetti as its new second librarian. Lisa joins us from her role running the library at Fox Mill ES. Welcome, Lisa! Returning library staff are librarian Philip Clark and library assistants Susan Olson and Susan Mirabella.

The library encourages parents to learn about resources available to their students on the LHS Library Blackboard page, accessible under the "My Organizations" tab in your child's Blackboard account. There you will find subscription databases of magazine, newspaper, and journal articles that can be accessed at home using the provided passwords; MLA and other works cited resources; current assignments for classes using the library; the library's catalog of books, e-books, and videos; and many other resources to aid in your student's research and learning. Check it out!

Feel free to contact an LHS librarian with questions at 703-287-2770.

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MARKETING

The department is proud to announce that the Advanced Fashion Marketing and Advanced Marketing students received a perfect 100% student pass rate on the National Professional Certification in Customer Service. It is an industry-driven and endorsed credential that helps employers distinguish and recognize qualified customer service professionals, and helps define career advancement opportunities for students. The certification was designed to capture the core customer service duties for a broad range of entry-level through first-line supervisory positions across the sales and service industries.

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MATHEMATICS

Welcome back students and parents to a new school year. Thanks to the high standards set by the administrators, teachers, and most importantly the parents and students, we have SAT, SOL, ACT and AP scores that are phenomenal. This year we will have Saxon Time, a time during the school day for your child to get help needed to reach their full potential academically. Many classes have summer assignments posted on Langley's website. I want to thank you for a great year last year and let this year be an even better one. Enjoy your first day back to school.

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PERFORMING ARTS

Choral: Choral students will kick off the school year by selling bags of freshly roasted Noteworthy Coffee and selected Harney & Sons Teas. This annual choral fundraising event features a new coffee vendor this year, Kiariz Coffee, which is based in the Shenandoah Valley (www.kiariz.com). Kiariz Coffee uses a patented slow-roasting process to prepare their beans and ships them within a few days of receiving orders to guarantee freshness. Choral students are selling coffee and tea to earn money for their travel expenses to San Antonio, Texas, where they will compete in the Heritage Music Festival this spring. Fundraising packets will be distributed to all choral students during the first week of school. To order gift-ready 12 oz. bags of this gourmet coffee (ground or whole bean) or boxes of selected tea (20 tea bags), contact any choral student or coffee sales coordinator Lori Engelhardt, 703-635-5323 or lvacek@cox.net, before Sept 23. Both caffeinated and decaffeinated coffee and tea are available.

As the department kicks off a year of concerts, dinner theatre, and competitions, we are urging parents of all choral students to join the Choral Guild, which is a vital part of the award-winning department. Visit www.langleychorus.com to learn more about the opportunities to be involved. Choral Guild membership forms were included in the back-to-school packets mailed to all choral students during August.

Orchestra: The orchestra will be sharing the auditorium stage Tue, Sept 29, 7:30 pm with the internationally acclaimed ensemble, *Barrage*. This will be the group's only concert in the Metropolitan DC area during their 2009 American Tour. You can find additional information about the group at their website www.barrage.org or on YouTube. Students and their families are urged to get their \$20 tickets early to avoid being disappointed because this performance will sell out quickly. For more information, contact kamla@kcbpartners.org.

Theatre: Greetings and welcome as we begin the new school year. There are many changes and additions to the Theatre Arts program. Our motto for the year is *Excellence and Opportunity*. The most important addition to the program is the formation of a theatre booster organization, Saxon Stage On Cue (SSOC). Una Higgins, President of SSOC, says: *"I am pleased to introduce you to Saxon Stage On Cue. (SSOC) - parents dedicated to supporting*

and promoting the theatre arts at LHS. This parent group will coordinate fundraising, organize volunteers, and lend administrative support to facilitate the goals of the Theatre Arts program. As President, along with our Board of Directors of SSOC, we look forward to this new partnership so Ms. Jaffe can focus on teaching, directing, and pursuing quality competitions for students. PLEASE CONSIDER VOLUNTEERING for SSOC - your contribution (time or money) can make a difference!!!"

In addition to our usual activities: a fall musical, spring play, student-directed one-act festival, Cappies, and the competitions, there are a number of new performance opportunities. We cannot mention them all here, but they include:

- Broadcast video production course will include weekly school-wide broadcasts of their news/magazine programs and a student video festival (Feb 23).
- Script Analysis Seminar is an after-school group that will meet once a week. It is open to all students on a come and go basis. Students will read a play, analyze and then work on various scenes from the play over a period of time with Ms. Anna Aslin Cohen, a welcome addition to our Theatre Arts Program.
- Retro Coffee House will be an evening of student performances in the spirit of the 60's coffee houses. Staged in the cafeteria, the audience can enjoy coffee-type drinks and desserts while taking in the theatre students performing drama, poetry, stand-up comedy and/or music.

For details of additional new performance opportunities, visit us at www.langleydrama.com.

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SPECIAL EDUCATION

Welcome back. We hope that you had a wonderful summer. There have been some staff changes since the end of June. Mr. McDonald, Mrs. Williams, and Ms. Fanning are not returning to Langley. Happily, Mrs. Howell is returning from maternity leave. Two of our Langley staff will now be teaching full-time in the Special Education department: Mrs. Jelinek and Mrs. Wingo. We welcome them to our midst. Langley has a new social worker this year, Ms. Donna Barnsley.

There will be a boot camp on Sept 10, 7-9 pm for parents of rising 9th graders who have IEPs or 504 plans. If you did not receive a letter regarding this meeting, please contact Meryl.Simon@fcps.edu.

Most students will have the same case managers this year, although there will be some changes due to new staffing. All parents should receive a letter from their child's case manager within the first two weeks of school. If you do not, please contact Ms. Simon.

Students who wish to apply for accommodations for the November SAT must complete the forms and return them to the Special Education department no later than Sept 15. The application for the October SAT has already passed. Applications for the October ACT are due no later than Sept 10. If you have questions please contact Mrs. Simon or Mrs. Jelinek. Enjoy the year!!

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WORLD LANGUAGES

The department would like to extend a warm welcome to all students and their parents. This promises to be an exciting year. The new bell schedule instituted by Mr. Ragone will allow us to increase levels of proficiency. Teachers in the department have planned additional practice sessions as well as stimulating activities and events.

German: Herr Christopher Rademacher and the German students would like to welcome the Class of 2013. Students are invited to join the German Club as well as the Honor Society and participate in activities such as bowling, ice skating, and fundraisers. Students who have had at least one year of German are especially encouraged to participate in the 4th annual German exchange program. The German exchange students who visited last April thoroughly enjoyed their stay. This past summer, thirty students from Langley lived with their exchange families in Germany for four weeks. Of these students, fourteen extended their trip for another two weeks to backpack to seven cities around Germany and Austria with Herr Rademacher. The German Club will continue to fundraise by selling Chipotle. Donations are tremendously appreciated as all the money will go towards the state-of-the-art Language Lab to enhance the learning experiences using authentic materials. The German Honor Society is open to students who have had two years of German.

Japanese: As a new school year dawns the Japanese department would like to briefly look back, congratulating last year's students, particularly the graduating seniors, on their success. They left with an impressive array of Japanese skills and the AP students scored well above the national average. I know this year's students will do just as well if not better. The program has over 90 students in 5 levels and a full-time teacher. Student support and interest has been amazing. We remain dedicated to providing interesting and unique cultural experiences for Japanese students of all levels. A year of growth and surprises awaits those who are up to the challenge.

Spanish: A once-in-a-lifetime experience awaits Spanish 5 students in Sra. Prell's classes. At the start of the year, students will have the opportunity to view Spanish Imperial armor which is on temporary loan to the National Gallery of Art. The gallery displays items dating back as far as the reigns of Maximilian I and Charles V as well as armor created for their successors. The exhibit pairs pieces of armor with the portraits of the royals painted by renowned masters such as Rubens and Velázquez. A Spanish-themed luncheon will be held at the gallery. In class, students will compare the international status of 16th century Spain, when Spain was the dominant power in Europe, and the current status of the United States.

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Sports

ACTIVITIES OFFICE: The fall sport schedule (as of Aug 25) is included in the newsletter ([page 15](#)). Please check www.langleysports.org for updates to game schedules, field directions and other information. The hotline number is 703-827-6064. Support your teams! Come show your school spirit! Go Saxons!

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CHEERLEADING: Congratulations to all our cheerleaders who made the freshman, JV and varsity squads. The girls have quickly started preparations for competition season and football games. The squads will start competing in October so look next month for specific dates and times! Thank you in advance for your support this season!

We would like to welcome our new freshman coach, Jason Robinson, and our new JV coach, Lacey Roome. We look forward to a successful season with our new coaches. Coach Upp and Coach Allison return to work with the varsity squad.

Work hard girls and have an enjoyable season!

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CREW: We are excited about the upcoming season! Parents and students interested in learning about rowing and the crew program will have the opportunity at the fall crew informational meeting at Langley and the crew open house at Sandy Run Regional Park. Look for more information in the back-to-school packets.

Join us and help the team at the first annual *Fall into Crew* Gala and Silent Auction, Oct 24, 7-11 pm at Meadows Farms Nursery (corner of Reston Parkway and Rt. 7). Ticket forms and details are on the team website. We also invite everyone to the first crew car wash Sept 12, 9 am-3 pm at the McLean Chevron. For more information on these and other crew activities, check our website through the LHS website or at www.langleycrow.com. If you have any questions or need specific information please email us, saxoncrew@langleycrew.com.

Crew is one of the fastest growing sports in the country. If your child has never been in a sport, this may be the sport for them. Conversely, if your child is already in a fall and/or winter sport, crew offers the benefits of continued conditioning and physical fitness while having fun.

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CROSS COUNTRY: The team has been practicing during August in preparation for another great season. The 85-member team has its first meet at the Potomac River Running 2-Mile Relay Kickoff Sept 3 at Bull Run Park, followed by the Monroe Parker Invitational at Burke Lake Park Sept 12. Other key meets include the Oatlands Invitational Sept 26 and the Octoberfest Invitational Oct 3, leading up to the Liberty District Championship Oct 29 and the Northern Region Championships Nov 5. Head coach Gifford Krivak and assistant coaches Daizha Heberling and Jesse Cardosi are looking forward to a rewarding season for all the athletes on the team.

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DANCE: A warm welcome to the new and returning team members! This year's team is led by Wanda Brown. Wanda is a former 3-year director/choreographer of the NBA Washington Wizards dance team and a 2-year member of the NFL Washington Redskins cheerleaders.

The dance team is already hard at work preparing for the season. The dancers have been engaged in intense summer practices consisting of strength, conditioning and technique training. The dancers also participated in a 3-day Universal Dance Association summer camp.

Tryouts will be Sept 12, 9am-1pm at Langley. For additional information email Wanda, wanda.brown@gmail.com.

Please support the dance team at their next car wash on Sept 26 at the Great Falls Exxon. We appreciate your continued support and look forward to seeing you at the first football game on Sept 4. GO SAXONS!

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FIELD HOCKEY: The teams are off to a hot start after excelling in their first scrimmage against West Springfield. The varsity team is led by senior captains Brenna Hill, Emily Knapp, and Allison Paul. Varsity started the season with the Westfield Tournament on Aug 28-29 while both JV and varsity played Robinson at their home opener on Aug 31. Langley hosts Oakton on Tue, Sept 8 before spending the rest of their out-of-district schedule on the road.

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FOOTBALL: We are nearing the end of the summer practice schedule. Over 100 Saxons tried out for the varsity/JV and great progress has been made in preparation for the season ahead. Although many young and inexperienced players are filling roles vacated by last year's seniors, the team played well in the first varsity scrimmage against Hayfield. Following a second preseason scrimmage against Edison, the varsity will open the season on Sept 4 against tough Patriot District opponent Lake Braddock.

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GIRLS GOLF: The team opened its season by defeating both Chantilly and Westfield in a tri-team match at Pleasant Valley Golf Club on Aug 24. Senior Claire Stevens and freshmen Jenny Jeu and Abby Hassler contributed to the victory. The team is looking forward to a great season. They face Chantilly in their next match on Sept 2.

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VOLLEYBALL: The team is once again going to have an exciting and crowd-pleasing season. The fan support over the years has been phenomenal and we look forward to hearing the "ROOF" chants and cheers as the team challenges for District, Regional and State titles! Led by seniors Lainey Le Blanc, Carlie Owen and Elyse Richardson, the team wants to put on a show and entertain Otto's Army! The first home matches include Centreville Sept 2, Fairfax Sept 8, South County Sept 22 and Loudoun Valley Sept 24. Come enjoy the action!!

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Announcements

STUDENT DIRECTORY AND HANDBOOK

DIRECTORY DEADLINE - THU, SEPT 10

Directory forms are in the back-to-school packet and must be returned to Langley no later than Thu, Sept 10. To meet production deadlines, no change requests will be accepted after Sept 10. Due to privacy issues, it is Langley PTSA policy not to include student cell phones and/or emails in the Student Directory. New this year, parent cell phones and emails will be included.

We are striving to go online and want your opinion. Place your vote for the directory to go online on the form in your back-to-school packet.

Questions? Contact Diane Diner, ddiner@verizon.net or 703-790-8558.

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BALLOON SALES

The students with autism and intellectual disabilities are our newest entrepreneurs. Balloons for any and all occasions will be available for sale before school, between classes, during all lunch periods, and after school in room 106. Under the direction of their teachers: Sara Vincent, Mary Knight, and Luda Magnitskaya, and Employment and Transition Representative, Rhonda Weiner, the students will be directly involved in all areas of the

business. Latex balloons will be sold for \$1 per balloon and mylar balloons will be sold for \$3 per balloon. All balloons will be helium-filled and come with a weight and a choice of ribbon color(s). Monies earned through the business will be used to support the program. For further information, please contact Sara Vincent, sara.vincent@fcps.edu or Rhonda Weiner, rhonda.weiner@fcps.edu.

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BOOSTERS

JOIN THE LANGLEY SAXON BOOSTERS! Our membership drive is underway and we need you. Langley maintains a long tradition of providing exceptional academic programs for our students and extends this pursuit of excellence with opportunities for students to enhance their high school experience through participation in athletics.

Families new to Langley may not realize that the Fairfax County Public School District pays for only officials, coaches' stipends and transportation. To ensure our teams can practice and compete in the best possible conditions, the Langley Boosters last year provided over \$130,000 for team equipment, new uniforms, tournament fees, resurfacing of gym floors, the new outdoor running track and to maintain our numerous athletic fields, to name but a few ongoing efforts. The teams supported include cheerleading, dance, tennis, golf, cross-country, track and field, gymnastics, swim and dive, wrestling, football, baseball, lacrosse, soccer, softball, basketball, volleyball, and field hockey. Langley Boosters also supports the crew and ice hockey teams.

It is vital to the success of these programs that Langley families support these initiatives, so please take this opportunity to join the Langley Boosters. We welcome your active participation in the LHS athletic community! The membership drive is our principal fund-raising mechanism. Our goal is to raise \$120,000 this year.

Boosters also raises funds through merchandise and concession sales. NEW BOOSTERWEAR NOW AVAILABLE! Look for the flyer in the back-to-school packet. Send in your form today!

Please visit www.langleysports.org for more information. Thank you for your support.

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FLU SEASON

The Fairfax County Health Department will host a series of town hall meetings in September. These community-wide events were organized in response to the ongoing pandemic to better prepare residents for the 2009-2010 flu season. These town hall style meetings will give residents the opportunity to ask flu-related questions. Dr. Addo-Ayensu, Fairfax County Director of Health, will begin each meeting with a brief presentation before taking questions.

Meetings closest to Langley are:

Tuesday, September 1, 7 pm
McLean Governmental Center
1437 Balls Hill Road, McLean

Tuesday, September 22, 7 pm
North County Governmental Center
12000 Bowman Towne Drive, Reston

Information on seasonal and pandemic influenza is available at the county's website www.fairfaxcounty.gov/flu. For information about the town hall meetings go to www.fairfaxcounty.gov/hd/flu/town-hall-meetings.htm or call 703-246-2411, TTY 703-591-6435.

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October Newsletter deadline:

Tuesday, September 29

To cover dates 10/5/09 through 11/4/09

Editors:

*Cindy Miller, 703-848-2567, CKM58@aol.com
Elaine Varner, 703-356-0929, emvarner@verizon.net*

Calendar:

Mary Ann Kennedy, 703-442-0299, Rose.ken@verizon.net

Calendar for Langley PTSA & Activities, 9/1 – 10/14/09

September 2009

1 Tue **Packet stuffing**, 9:00 am, Cafeteria
Fairfax County Health Dept. town meeting on the flu, 7:00 pm, McLean Governmental Center, 1437 Balls Hill Road, McLean

2 Wed **Freshmen and new families orientation**, 10:00 -11:30 am, Auditorium
Packet pickup – all classes, 11:00 am – noon, Aud lobby (also 3 Thu 8:00 am – noon)

8 Tue **First day of school**
Packet pickup, 7:00 am, Main office lobby

9 Wed **PTSA executive board meeting**, 7:30 pm, Library

10 Thu **Special education dept. Parent Boot Camp**, 7:00 – 9:00 pm, Library
Student directory information deadline

12 Sat **ACT at LHS**
Crew fundraiser car wash, 9:00 am – 3:00 pm, McLean Chevron

15 Tue **Freshman parent coffee**, 9:30 – 11:00 am, Auditorium
Senior class dinner, 6:00 pm, Cafeteria
Senior class guidance college program, 7:30 pm, Auditorium

16 Wed **Junior class dinner**, 6:30 pm, Cafeteria

18 Fri **Rosh Hashanah** begins at sundown (also 19 Sat, 20 Sun)

20 Sun **Eid al Fitr**

21 Mon **Underclassmen school photos** (also 22 Tue)

22 Tue **Freshman class dinner**, 7:00 pm, Cafeteria
Fairfax County Health Dept. town meeting on the flu, 7:00 pm, North County Governmental Center, 12000 Bowman Towne Dr., Reston

23 Wed **Sophomore class dinner**, 6:00 pm, Cafeteria

26 Sat **Dance team fundraiser car wash**, Great Falls Exxon

27 Sun **Yom Kippur** begins at sundown (also 28 Mon)

29 Tue **Newsletter deadline**, 3:00 pm
Orchestra fall fundraiser concert featuring *Barrage*, 7:30 pm, Auditorium

30 Wed **Senior parent coffee**, 9:00 – 10:30 am, Auditorium
Back-to-school night and PTSA general membership meeting, grades 9 & 10, 7:00 pm, Aud.

October 2009

1 Thu **Junior parent coffee**, 9:00 – 10:30 am, Auditorium
Senior makeup photos by appointment (also 2 Fri)

2 Fri **Sophomore parent coffee**, 9:00 – 10:30 am, Auditorium

5 Mon **Academic awards ceremony**, 3:00 pm, Auditorium

7 Wed **PTSA executive board meeting**, 9:30 am, PTSA Conf. Center
First quarter interims to students
Back-to-school night and PTSA general membership meeting, grades 11 & 12, 7:00 pm, Auditorium

9 Fri **Science Honor Society sponsored Blood Drive**, 7:15 am – 1:30 pm, Aux. Gym

10 Sat **SAT at LHS**

12 Mon **Columbus Day holiday**

13 Tue **Homecoming spirit week** (through 17 Sat)

14 Wed **Regular opening at 7:20 am**, early dismissal at 12:10 pm
PSAT, grades 10 and 11
ACT Explore test, grade 9
Senior class field trip
Reflections entry deadline

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Fall 2009 Sports Schedule

VARSITY FOOTBALL					F/JV FOOTBALL						
DATE	DAY	TIME	OPPONENT	SITE	DATE	DAY	F	JV	OPPONENT	SITE	
08/20/09	Th	6:00	Hayfield (Scrimmage)	Away	09/03/09	Thu	6:00	7:30	Lake Braddock (Scrimmage)	Away	
08/27/09	Th	7:00	Edison(Scrimmage)	Home	09/10/09	Thu	6:00	7:30	Chantilly (Scrimmage)	Away	
09/04/09	Fri	7:30	Lake Braddock	Home	09/16/09	Wed	6:00	7:30	Madison	Home	
09/11/09	Fri	7:30	Chantilly	Home	09/24/09	Thu	6:00	7:30	Fairfax	Away	
09/17/09	Th	7:30	Madison	Away	10/01/09	Thu	6:00	7:30	Herndon	Home	
09/25/09	Fri	7:30	Fairfax	Home	10/08/09	Thu	6:00	7:30	Marshall	Home	
10/03/09	Sat	1:00	Herndon	Away	10/15/09	Thu	6:00	7:30	Jefferson	Away	
10/09/09	Fri	7:30	Marshall	Away	10/22/09	Thu	6:00	7:30	Stone Bridge	Away	
*10/16/09	Fri	7:30	Jefferson	Home	10/29/09	Thu	6:00	7:30	South Lakes	Home	
10/23/09	Fri	7:30	Stone Bridge	Home	11/05/09	Thu	6:00	7:30	McLean	Home	
10/30/09	Fri	7:30	South Lakes	Away							
11/06/09	Fri	7:30	McLean	Away							
11/13/09			Regional Quarters								
11/20/09			Regional Semi Finals								
11/28/09			Regional Finals								
			State Semi Finals								
			State Final								
Homecoming											
VOLLEYBALL					FIELD HOCKEY						
DATE	F	JV	V	OPPONENT	SITE	DATE	DAY	JV	V	OPPONENT	SITE
08/25/09		12:00	12:00	Chantilly/Heritage (Scrimmage)	Away	08/20/09	Thu	5:15	4:00	West S-field (Scrimmage)	Home
08/25/09	12:00			Chantilly/Heritage (Scrimmage)	Home	08/25/09	Tue	6:15	7:30	Yorktown (Scrimmage)	Away
08/27/09	1:00	2:30	4:00	Lake Braddock (Scrimmage)	Home	8/28, 8/29	Fri/Sat			Westfield T-ment	TBA
09/01/09	5:00	6:00	7:15	Centreville	Home	08/31/09	Mon	5:15	4:00	Robinson	Home
09/04/09				Showcase Tournament	Richmond	09/03/09	Thu	6:15	7:30	South County	Away
09/05/09				Showcase Tournament	Richmond	09/08/09	Tue	5:15	4:00	Oakton	Home
09/08/09	6:00	6:00	7:15	Fairfax	Home	09/10/09	Thu	6:15	7:30	Washington & Lee	Away
09/14/09	5:00	6:00	7:15	West Springfield	Away	09/14/09	Mon	6:15	7:30	Edison	Away
09/16/09	5:00	6:00	7:15	Jefferson	Away	09/17/09	Thu	5:15	4:00	South Lakes	Away
09/22/09	5:00	6:00	7:15	South County	Home	09/21/09	Mon	6:15	7:30	Lake Braddock	Away
09/24/09	5:00	6:00	7:15	Loudoun Valley	Home	09/24/09	Thu	5:15	4:00	Fairfax	Home
09/26/09		9am/11am	9am/12p m	vs Robinson @ Robinson Heritage @ Robinson vs	Away	10/01/09	Thu	5:15	4:00	Jefferson	Home
09/26/09	9:00/1:00			9:00 Robinson / 1:00 Heritage	Home	10/06/09	Tue	6:15	7:30	Madison	Away
10/06/09	5:00	6:00	7:15	Herndon	Away	10/08/09	Thu	5:15	4:00	Marshall	Home
10/08/09	5:00	6:00	7:15	South Lakes	Home	10/15/09	Thu	5:15	4:00	McLean	Home
10/15/09	6:00	6:00	7:15	Stone Bridge	Away	10/19/09	Mon		7:30	District	Higher Seed
10/19/09			6:00	Potomac Falls	Home	10/20/09	Tue		5:30 or 7:30	District Semis	Madison
10/21/09	5:00	6:00	7:15	Marshall	Away	10/22/09	Thu		7:30	District Finals	Madison
10/27/09	5:00	6:00	7:15	Madison(Tentative)	Away	10/27/09	Tue		7:00	Region-1st Round	Higher Seed
10/29/09	5:00	6:00	7:15	McLean	Home	10/29/09	Thu		6:00/7:30	Region- Quarterfinals	Oakton
11/2/09			7:00	Districts	Higher Seed	11/2/09	Mon		7:00	Region-Semis	Oakton
11/3, 11/5				Districts	Stone Bridge	11/4/09	Wed		7:00	Region- Finals	Oakton
11/9,10,12,14				Regionals (1st two Rounds at Higher Seed	Centreville						
11/17,19,21				States	TBA						
CROSS COUNTRY					BOYS GOLF						
DATE	DAY	TIME	OPPONENT	SITE	DATE	DAY	TIME	OPPONENT	SITE		
9/3/2009	Thu	4:00	PR Kickoff Relays	Bull Run Park	08/27/09	Thur	3:30	South Lakes	Reston National		
09/12/09	Sat	8:00	Monroe Parker Invitational	Burke Lake	08/31/09	Mon	3:30	Fairfax	River Bend		
09/17/09	Thu	5:00	South Lakes,Marshall,McLean	Lake Fairfax	09/02/09	Wed	10:00	Chantilly	Pleasant Valley		
09/21/09	Mon	4:00	Double Duals	Lake Fairfax	09/03/09	Thur	3:30	Marshall	River Bend		
09/30/09	Wed	5:00	SB, Marshall, McLean	Oatlands	09/08/09	Tues	3:30	Stone Bridge	Belmont		
10/07/09	Wed	3:30	Madison,SB, South Lakes	Burke Lake	09/10/09	Thur	3:30	Madison	Westwood		
10/21/09	Wed	5:00	Liberty Coaches Festival	Lake Fairfax	09/14/09	Mon	3:30	McLean	River Bend		
					09/16/09	Wed	3:30	Chantilly	River Bend		
10/29/09	Thu	3-15 Girls 3-45 Boys	District Championship	Burke Lake	09/17/09	Thur	3:30	Jefferson	Pinecrest Golf Course		
11/05/09	Thu	3-15 Girls 4-00 Boys	N. Regional Championship	Burke Lake	09/21/09	Mon	10:00	Districts	Herndon Centennial		
11/14/09	Sat	TBD	State	Great Meadows	09/22/09	Tue	9:00	Districts	Herndon Centennial		
					10/6, 10/7	Tue/Wed	9:00	Regionals	Fairfax National		
Cheer					GIRLS GOLF						
DATE	DAY	TIME	EVENT	SITE	DATE	DAY	TIME	OPPONENT	SITE		
10/20/09	Tue	6:30	District Semi-Finals	South Lakes	8/24/09	Mon	3:30	Westfield	Pleasant Valley GC		
10/27/09	Tue	6:30	District Finals	Fairfax	9/2/09	Wed	3:30	Chantilly	Pleasant Valley GC		
10/31/09	Sat	TBA	Regional Semi Finals	Robinson	9/9/09	Wed	3:30	McLean	Herndon GC		
11/07/09	Sat	5:00	Regional Finals	Robinson	9/16/09	Wed	3:30	Chantilly	Herndon GC		
11/14/09	Sat	TBA	States	VCU Siegel Ctr	9/21/09	Mon	3:30	Woodson	Burke Lake GC		
					9/30/09	Wed	2:30	Regional Open T-Ment	Twin Lakes GC		
					10/5/09	Mon	2:30	Regional Open T-Ment	Twin Lakes GC		

Schedule subject to change. Please check www.langleysports.org for updated schedule and field directions.
Hotline 703-827-6064

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