



THE PTSA NEWSLETTER

Langley High School March-April 2010

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MESSAGE FROM THE PRINCIPAL

It seems we all have adjusted well to the aftermath of the snowstorms. Students and teachers were anxious to return and have settled back into their routines of learning and teaching. I am very impressed with everyone's capacity to be flexible. Thanks to all the families who responded in such a positive way to our schools by helping to shovel walks and bus stops and just for the make-do attitude that has been apparent during and after the storms.

At the time of this writing, the School Board has not yet decided what to do to make up the lost time. There are several options under review by the Superintendent and the School Board. I urge you to review these options on the FCPS website and make your voices heard. No matter what the decision, the Langley Administration and Instructional Council are prepared for any contingency. We have met and discussed our potential plans keeping in mind what is in the best interest of the students. We will send a Keep In Touch message shortly after a county announcement to share how Langley will implement the county plan.

Registration for the 2010-2011 school year continues with counselor/student meetings. Students will have one-on-one meetings with their counselors over the next month or so to discuss their options for the next school year. It is imperative that you talk with your student about their schedule and make course selection a family decision. Please keep in mind that the rise in pupil/teacher ratio will put a large strain on our schedule such that course changes will not be possible next year unless there are extreme circumstances. Also, students should not rely on falling back to pass/fail or audit status as freely as in previous years. School Board policies strictly regulate these options and no matter what has been done in the past, Langley's Student Services Department and Administration will not be able to accommodate requests to switch into pass/fail or audit status unless certain criteria are met. Please speak with your counselor if you have specific questions about these regulations.

The largest and most constricting impact of the snow storms has been on our spring sports season. Tryouts will have to be adjusted to playing indoors or on safer, snow-free surfaces. Yet, they will still be appropriate and fair. Please be patient with our coaches and our situation this season, as it will require some flexibility and adjustment on players' parts to demonstrate their ability in less than ideal situations.

As winter sports wind down, we have much to celebrate. Our swim & dive teams had an excellent State Meet bringing home 2nd-place trophies and new state and national records. Congratulations to

Coach Jackson and everyone on the girls and boys teams. Also, our boys basketball team won its third Liberty District title, defeating Marshall in the finals. They defeated Centreville in the first round of the Regional Tournament, and JEB Stuart in the second round. By the time you read this, they will have played their semi-final game against Yorktown. With only a little luck needed, they could be strong State Tournament contenders. Congratulations to Coach Hess and the boys.

While we are celebrating, kudos to the Fashion Marketing classes for the *Stellar Style* fashion show. With only four days to prepare because of snow days, these young ladies put on such a professional and stunning show. It was a nice way to spend a weekend evening with my children who enjoyed themselves immensely. We also had a large number of faculty participants, which made for an extra special evening.

I continue to be impressed by our community, students, and teachers. I hope you are too and take a few moments to voice your appreciation for your kids' hard work and our teachers who are working under increasingly severe conditions. The PTSA certainly has shown this appreciation by sponsoring special events for the faculty. The Chinese luncheon last week was incredible not just for the food but for the atmosphere the hospitality committee created in our break room. The boost in morale these events provide is so enormous that it simply can't be weighed. Thank you!

Matt Ragone, 703-287-2704, Matt.Ragone@fcps.edu

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MESSAGE FROM THE CO-PRESIDENTS

"Luck is what happens when preparation meets opportunity" - Darrell Royal

Snow days, cancellations and holidays made February the shortest month of the school year.

We'd like to thank our incredible hospitality committee for hosting a delicious luncheon for the faculty and staff, and special thanks to Mary Ellen Overend and Melissa Eklund for providing coffee and sweet treats at the monthly principal's coffees.

Budget updates are available at www.fcps.edu/news/fy2011.htm. We encourage you to stay informed and get involved.

Congratulations to Langley's winter sports teams, which had phenomenal performances this season. Bravo to our Fine and Performing Arts students for their award-winning work. Be sure to mark your calendars for the spring play, *Deadwood Dick or The Game of Gold*, on March 18, 19 and 20.

Our PTSA board meetings are held on alternate mornings and evenings so that everyone has a chance to attend. The next meeting is Wednesday, March 3 at 9:30 am in the PTSA conference center.

Have you visited the school and PTSA websites lately? Chances are you will find answers to most of your questions there, including forms to download, announcements, newsletters, sports schedules, calendar items and much, much more. Check them out at <http://www.fcps.edu/LangleyHS/> and www.langleyptsa.org.

We wish all our families at Langley a safe and restful spring break.

Andrea Sotter, 703-356-2488, andrea4@cox.net
Stacey Wood, 703-757-4412, woodsgf@aol.com

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TEACHER OF THE YEAR

Mrs. Brigitte Lavey was selected as the FCPS 2010 Teacher of the Year and recipient of the Washington Post Agnes Meyer Outstanding Teacher Award! Last month, Superintendent Jack Dale presented Mrs. Lavey with a proclamation naming her FCPS 2010 Teacher of the Year. Mrs. Lavey was recognized because of her willingness to do whatever it takes to reach all students, her willingness to help colleagues, her dedication to the success of all students, her ability to challenge and inspire students, for her generosity and compassion, her incredible wealth of knowledge and for being, as one nominator stated, the "heart and soul" of Langley. It is quite an honor to be selected from all of the teachers in Fairfax County. She will represent FCPS in Virginia's Department of Education Teacher of the Year competition. Congratulations to Mrs. Lavey on this well-deserved prestigious award.

PTSA Committees

2010-2011 PTSA

We are looking for interested candidates for the 2010-2011 PTSA. There is no better way to get to know what is going on at Langley and make friends than by being active in the PTSA. We are looking for current and new parents to join us in the coming year. If you don't want to take on a job by yourself, consider doing it with a friend. We can also find someone to work with you. In addition to the six elected positions described below, we also need to fill many committee chairs. Anyone interested in becoming active in the PTSA should contact Gail Welch, gailwelch@hotmail.com, or Tracey Liberson, Tracey.Liberson@gmail.com.

President Elect: Acts as an aide to the president, performs the duties of the president in their absence.

1st Vice President: Assists the president, coordinates the distribution of monies through the Educational Enrichment Fund, and coordinates the Teacher of the Year nomination.

2nd Vice President: Responsible for membership recruitment and the nominating committee.

3rd Vice President: Chairs the curriculum and education committee.

Recording Secretary: Records the minutes of all meetings, maintains a current copy of the bylaws, and handles correspondence.

Treasurer: Keeps a full and accurate account of receipts and expenditures, makes disbursements in accordance with the adopted budget, and presents a financial statement at meetings.

Committee Chairs: All Night Grad Party, Student Directory, Clinic Coordinator, Family Network, Hospitality, Landscaping, Library, Newsletter, Professional Development Fund, Publicity, Reflections and many others (see pages 18-19 of the Student Handbook & Directory).

FAMILY NETWORK

The committee will present *What's The Big Deal - Kids Will Be Kids* on March 10, 9 am in the auditorium. Recent research indicates that even occasional binge drinking can have a lasting effect on a teen's brain. In fact, a comparison between teens who binge drink (even just twice a month) and those who do not shows a 10% difference in thinking and memory tests. In school, that could be the difference between one letter grade or another. Our guest speakers will discuss how alcohol use really does affect teens differently than adults, and how "pre-gaming" has changed in recent years. In the most recent Fairfax County Youth Survey, McLean area high schools had some of the highest rates of alcohol use and binge drinking in the county; come learn what that means for our kids and why teen drinking really is a big deal. We look forward to seeing you there.

Betsy Shomaker, shomaker.jb@verizon.net

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FINE AND PERFORMING ARTS SOCIETY

To date FAPAS has raised \$5560 from your generous contributions. Acknowledgement letters have been mailed and can be used to document your tax-deductible contribution. If you have not received one, contact us. We continue to process requests from our Arts departments. As they prepare for their spring performances and exhibits, we would like to help fulfill their wish lists. Please remember, it is never too late to contribute. Send your tax-deductible donation and form, available on the PTSA website, to FAPAS in the office. Thank you for your continued support.

SueAnn Morabito, rs4mor@verizon.net

Heide Zufall, Heide@Zufall.com

HOSPITALITY

We would like to thank our wonderful parent volunteers for providing delicious desserts at last month's faculty Chinese luncheon.

The committee and parent volunteers will host a teacher appreciation dessert buffet for our faculty and staff on Fri, April 23. Parent donations of bite-sized desserts are tremendously appreciated. To donate, please contact Michelle Dymont Fanning, thedymonts@aol.com. The PTSA really appreciates its outstanding faculty and staff.

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REFLECTIONS

The following students received awards at the Fairfax County level for the Reflections program:

Dance: Aimee Cho – Outstanding

Literature: Mary Fouse – Excellence

Photography: Michele Anderson – Outstanding

Visual Arts: Lamvy Le – Excellence

Music: Rachel Stone - Outstanding

Langley students received awards in five of the six categories. This is a remarkable accomplishment and we are very proud of these excellent students. Congratulations to our winners at the Fairfax County level!

It is never too early to get started on your entries for next year's program. The theme is: "Together We Can". Learn more at PTAreflections.org.

Alexandra Bechter, cfs234@gmail.com, 703-992 9612

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Class News

CLASS OF 2013 (Freshmen)

All Night Grad Party representative(s) wanted: Our class is looking for a person interested in serving as our representative at monthly meetings of the All Night Grad Party (ANGP) committee. We have one representative and would like to add another. ANGP is an annual all-night party for graduating seniors and each class helps with the party in a different way. The role of freshman parents is to help with arrangements and set-up at the school during the day on June 17. Our representative(s) will attend meetings at 10 am on March 17, April 21, and May 19, report back to the class parents and help oversee these arrangements. This is an easy way to get involved! If you are interested, please email us, Langley2013@aol.com.

Our next class coffee will be Wed, May 12, 9 am in the cafeteria. A meeting agenda will be sent by class email. We will be asking for volunteers for the ANGP at this meeting!

If you are not receiving class emails, please let us know at Langley2013@aol.com.

Freshman Class Parents

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CLASS OF 2012 (Sophomores)

Sophomores are considering course selections for junior year. Students were given a course list and will meet individually with their counselors from March 2-15 to go over their choices. The parent-signed course request form is due in the Guidance office by Fri, March 26. These course request forms determine which classes are actually offered; staffing begins in April so it is important to turn them in on time. Classes which are under enrolled will not be offered. Langley administrators have stressed that careful consideration should be given to course selection as changes will be very unlikely given the budget cuts and their effect on class sizes and course offerings. The AP contract is also due by March 26.

Please consider volunteering to be a table leader at the Senior Ethics Forum. It will be Thu, April 15, 8 am-2 pm at the Gannett/USA Today headquarters in Tysons Corner. Each table leader will be assigned a group of 8 senior students and their role as a table leader is to encourage and facilitate conversation while rotating through four modules. There will be a training session on Tue, Apr 6, 7 pm in the school library. They cannot use senior parent volunteers so they rely on non-senior parents to volunteer for this important annual event. If you can volunteer, please contact Susan Mayman, smayman@verizon.net.

The Class of 2012 has set up a Facebook account so that class officers can communicate with and survey sophomores on pertinent issues. Please encourage your sophomore to check "Langley Class of 2012" on Facebook.

Please contact us with any questions, concerns, or suggestions. Thank you for your involvement!

Sophomore Class Parents

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CLASS OF 2011 (Juniors)

The family network committee will present *What's The Big Deal - Kids Will Be Kids* on Wed, March 10, 9 am in the auditorium. It will discuss recent research that indicates that even occasional binge drinking can have a lasting effect on a teen's brain. In fact, a comparison between teens who binge drink (even just twice a month) and those who do not shows a 10% difference in thinking and memory tests. In school, that could be the difference between one letter grade or another. Our guest speakers will discuss how alcohol use really does affect teens differently than adults, and how "pre-gaming" has changed in recent years. In the most recent Fairfax County Youth Survey, McLean area high schools had some of the highest rates of alcohol use and binge drinking in the County; come learn what that means for our kids and why teen drinking really is a big deal.

The next Principal's coffees will be Wed, March 24 and Wed, April 28, 9:15 am in the auditorium.

Signed course selection sheets and AP contracts are due by Fri, March 26. Make sure your child turns them in.

The next class coffee will be Thu, April 22, 7-9 pm, in the library. In response to some parent requests, we are having an evening coffee! Please join us to hear about year-end activities and pertinent rising senior information. More details to follow through the class email distribution.

The Junior-Senior Prom will be Sat, May 22 at Westwood Country Club. Watch for emails about volunteering on Prom day or night. We need people to help decorate and chaperone. Students will receive invitations at the end of April and be able to buy tickets in May.

The junior class is responsible for clean up from ANGP (All Night Grad Party) on Fri, June 18. Watch for emails asking for volunteers to help in the early morning!

As always, please send any photos of your child to LHSphotos2011@gmail.com. We do not have everyone represented, so please take a moment and send some pictures! We have until next spring but the sooner the better! These pictures will be used to create a DVD to be shown at our ANGP and then given to each student as a keepsake of LHS.

Junior Class Parents

CLASS OF 2010 (Seniors)

"Into every life some *snow* must fall" and did it ever fall in 2010! Although the record-breaking snowfall presented unprecedented challenges, it was quite a beautiful sight and gave us all an opportunity to enjoy a little extra family time. Now we're back to business as usual and soon all the mounds of white flakes will be a distant memory.

Our class coffee has been rescheduled to Thu, March 18, 9:30-11 am, in the auditorium. As you recall, our agenda includes guest speakers school psychologist Jason McBeth and social worker Donna Bardsley. They've kindly agreed to join us to discuss strategies on how we can keep our students "motivated and on track" and share tips for parents on "letting go". Please contact Teresa Hyatt, TCH_design@yahoo.com, if you can help with hospitality.

The annual Battle of the Bands has been rescheduled to Sat, May 29, at the Old Firehouse Teen Center in McLean. Contact class sponsor Chris Rademacher, christopher.rademacher@fcps.edu, for more information.

We continue to collect student photos that have been taken at Langley or Langley-sponsored events for the end-of-year show. Label each photo with your child's name and year, ie John Smith, freshman year. If you have questions, contact Mollie Vardell, 571-220-8678 or molliev@verizon.net.

Please keep in mind that two things are mandatory this April 15: paying your taxes and your student's attendance at the Senior Ethics Forum during the school day. Participation is mandatory for all seniors, and transportation and lunch are provided. Parents will receive a letter from the Langley administration in mid-March which provides additional details about the program. Government teachers will discuss the program in class and collect permission slips for the trip.

Dress for the day is business attire, with dress shirts, dress pants and ties for the boys (most wear a jacket as well), dress pants or a knee length skirt with appropriate sweater or jacket for the girls, and dress shoes for everyone, no flips flops or tennis shoes.

Other dates of interest are Prom on May 22; senior picnic on June 14; class trip to Hershey Park on June 15; family coffee and awards ceremony on June 16; Graduation and ANGP on June 17.

Congratulations to the many seniors who have already received college acceptances! Please make sure to inform Betty Schneider in the Career Center of the results of your applications.

Thanks to our administrators who have given our seniors a new privilege. Each Friday Saxon Time is designated Senior Time in the cafeteria. Ask your student about it.

Senior Class Parents

BACCALAUREATE

The next planning meeting is on Thu, March 11, 2:20 pm in the PTSA conference center (the PTSA trailer). All seniors are invited to help plan this event and make it memorable. Baccalaureate will be on Sun, June 13, 5 pm in the auditorium. It is funded solely by donations from Langley parents, students and community. We still need tax-deductible donations to help cover our expenses. Please send your donation to LHS PTSA Baccalaureate C/o Paul Purcell, 10320 Yellow Pine Dr., Vienna, VA 22182. If you have any questions please contact Christine Purcell, Christine.Purcell@cox.net, or Laura Mendelsohn, smendelsohn@cox.net.

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ALL NIGHT GRADUATION PARTY



Coming June 17 Club MMX All Night Grad Party!

All Night Grad Party (ANGP) plans are well underway and this year's celebration will be the best ever! As a reminder, the party will start at 11 pm on Graduation Day, Thu, June 17 and last until 5 am the following morning. Great games, fabulous food, crazy casino, DJ, dancing, PRIZES, PRIZES, PRIZES and much more! It's safe, it's fun, and it's the last time our seniors will all be together as a class.

Tickets are on sale now at the reduced rate of just \$45 - price goes up to \$50 on April 1. Early ticket sales provide the funds necessary to purchase lots of wonderful prizes and fun entertainment to make this party a blast. Any student who has purchased a ticket by April 30 is eligible to win a \$250 shopping spree at Tysons Corner!! If you have questions, contact Becky Flitcroft, bflitcroft@aol.com.

Wondering if you've already sent in a check? Check the PTSA website www.langleypsta.org. Go to Class News and click on the ANGP tab where you'll find a list of students who have already purchased their tickets. Not on the list? Download an order form and release form and send it in promptly to reserve your student's spot at the party!

We Need You! How can you help? ANGP depends on senior class parents to make the event spectacular and draw our kids to a safe alcohol and drug-free environment. Volunteers are essential and we need every family to provide at least one while the party takes place. Moms and dads, grandparents, aunts and uncles, anyone who wants to join in the fun - to sign up for a shift, please contact Susan Mayman, smayman@verizon.net.

Donations are greatly appreciated (and tax-deductible) - you can donate your own prize or gift certificate or just send a check and we'll buy it for you. For more details about donating, contact Lynn Beran, lynnberan@hotmail.com, or Jill Baker, jsnodelman@aol.com.

Any general questions please contact Lisa Walsh, lisawalsh@mindspring.com, or Joanna Ehat, jgehat@cox.net. Thanks and we're looking forward to a wonderful party!!

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Counseling Connection

REGISTRATION FOR NEXT YEAR

Counselors are meeting with their students now through the end of March regarding course selection for next year. Parents should expect to see a listing of the courses their student chose to come home for their signature. Please discuss your student's choices with them with a realistic eye on the time requirements, their specific abilities in each area, and their living a balanced life. *The important factor is fit.* Some questions to consider if your student is choosing an honors or AP course:

- Is this a class that the student is ready to take?
- Did the student do well in the pre-requisite course this year, if applicable?
- If coming from a regular class, is the student willing to get a possible lower grade even though working harder?
- Is the student interested in the class or is it perceived to be an "easier" honors or AP class?
- Is the student motivated to do the work?
- Does the student make connections without being guided by the teacher? Remember that an AP class is a college-level class and the student is more responsible for the readings whether they are reviewed in class or not. A student must be a strong self advocate with the teacher to get assistance whether it is an extension of time or just further explanation.

As the course selection process continues, the following information is being provided about the procedures for auditing a class or taking it on a pass/fail basis.

AUDITING A CLASS

Students may elect to attend one class/course without working for or receiving credit. ESOL students may use audit status to learn sentence structure and vocabulary inherent in the discipline. A student may audit a course one year and take the course for credit another year.

1. Students may not change status from audit to credit (exception: ESOL students).
2. The teacher has no obligation to evaluate.
3. Students may remain in a class as long as the class is not overcrowded.
4. A student may not take the place of another student who has elected to take the class for credit.
5. Failure on the part of a student to comply with any of the requirements listed below will result in immediate removal from the class.

Students who wish to audit must:

1. Agree to meet the attendance requirements.
2. Secure permission from the teacher.
3. Declare intentions prior to enrolling in the course.
4. Obtain approval from the counselor, parent, and teacher.
5. Complete and return to Student Services office the audit permission form prior to beginning the course.

PASS-FAIL

With parental or guardian approval, any high school student shall be given the option of taking one elective credit per school year to be marked on a pass-fail basis. This may be applied to required health and physical education credits, world language credits, and to credits other than those required for English, social studies, mathematics, and laboratory science and specialized courses.

A double or triple-period class taken for two or three credits in the technical fields may be taken on a pass-fail basis as the one pass-fail course per year.

No student may take more than two single-semester electives or one full-year elective per school year on the pass-fail system except as indicated above.

Any high school student wishing to take a course as pass-fail shall indicate this by completing a "Pass-Fail Status Request Form" requiring parent approval and returning it to designated school personnel on or before the 22nd school day or by the first half of the first grading period subsequent to entering the course. This decision may not be reversed.

If a student drops a class being taken on a pass-fail basis and transfers to a new class, the student shall have 10 school days to make a decision as to whether the new class will be taken on a pass-fail basis, provided it is an elective course. This decision may not be reversed.

Grades are determined as follows:

- "P" for an A, A-, B+, B, B-, C+, C, C-, D+, D which will receive credit but will not count in grade-point average.
- "F" for an F which will receive no credit but will be counted in grade-point average.

JUNIOR FAMILIES – MEET WITH YOUR COUNSELOR

April is the month to meet with your counselor to begin post-secondary planning. In January, we held Junior College Night covering the initial choosing of colleges, visiting colleges, etc. In April, counselors use the 7-9:30 am time slot to meet with juniors and their parents to review any questions that may be coming up about college. In addition, Mrs. Schneider in the Career Center will be holding Lunch and Learn sessions for juniors during all lunch periods: March 11 – How to Find a College and Look at Majors, and March 18 – How to Apply to College and Resume Ideas. We do not provide lists of colleges for students but Family Connection on Blackboard has a series of college surveys, etc. that will help narrow down choices. Counselors will look at a student's list and make suggestions. Be realistic in your search. It is probably at least 20 years since you, the parent, have gone through the process and times have changed! Be aware that it was definitely easier to get into competitive colleges in the 70's and 80's.

Please keep in mind that April is the most convenient time for our counselors to meet with families about the college process. Our schedule is very busy so take advantage of this opportunity. Call your counselor to make an appointment.

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TESTING

ENGLISH WRITING SOL

The English Writing SOL exam will be given March 1-4. This two-part exam given over two days is required for all students enrolled in English 11 or AP Language and Composition and is one of the SOLs necessary for a Virginia high school diploma. The first part, a multiple-choice section testing writing skills, will be given in Humanities classes on March 1 or 2. The second part, an essay, will be given on Wed, March 3 to all students during 1st period. **It is critical students be on time as the test begins promptly at 7:20.** The make-up day will be Thu, March 4, for both parts. Students who miss one part of the exam will not receive a score and will need to make up the entire exam during the October 2010 test window or the March 2011 test window.

AP EXAMS

Students preparing for AP exams in May should clear their schedules of conflicts with the AP Exam Schedule as late/alternate testing must be at the approval of College Board and does incur a fee of \$50 per exam. No fee is incurred when a student has conflicting exam times, family tragedy, emergency illness/serious injury, religious holiday, or school closing/emergency.

March 5 is the deadline for submitting complete Student Eligibility Forms for students with disabilities where additional documentation is not required.

AP EXAM CALENDAR

Week 1, May 3 - 7		
	Morning	Afternoon
Mon	US Government	Comparative Government French Language
Tue	Computer Science A Spanish Language	Statistics
Wed	Calculus AB Calculus BC	Chinese Language
Thu	English Literature German Language	Japanese Language
Fri	U.S. History	Studio Art
Week 2, May 10 - 14		
	Morning	Afternoon
Mon	Biology	Physics C: Mechanics
Tue	Chemistry Environmental Science	Psychology
Wed	English Language	
Thu	World History Macroeconomics	Microeconomics
Fri		Latin Virgil

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Performing Arts

BAND: The Wind Symphony will depart March 3 for Indianapolis to perform at the *Music For All* National Concert Festival to be held at Butler University. Congratulations to all the performers for being part of one of only 13 wind ensembles selected from hundreds of entries from throughout the US.

Both the Wind Symphony and the Symphony Band will perform at the District XII Band Festival to be held at South Lakes HS March 12–13. Performance times are not yet available; check the bands website for details - www.langleybands.org.

To complete a busy month, the band will head to Orlando, FL on March 17 to perform at Festival Disney.

CHORAL: The choirs will perform at the District XII Choral Festival March 19-20 at South Lakes HS.

The department is holding a car wash fundraiser Sat, April 10, 9 am-3 pm at the Great Falls Exxon station. This is the only choral department fundraiser for the spring season. Proceeds support the annual spring show presented in early June. Please show Saxon spirit and support the choral students by bringing your car for a wash.

The choirs will compete at the Heritage Music Festival in San Antonio, TX, on April 14-18.

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ORCHESTRA: The Philharmonic Orchestra will perform at the District Orchestra Festival on Sat, March 6, 7:10 pm at Madison HS. Many orchestra students will be participating in the Solo and Ensemble Festival on April 16 at Carson MS.

March-April 9

Orchestra students are having a car wash on April 17 at the BP gas station in McLean.

The orchestra trip to the Disney Music Festival Competition in Orlando, FL will be April 22-25. For information on the trip, please contact Tina Kao, tina_kao@yahoo.com.

THEATRE: The first day of spring is March 20 and Saxon Stage is looking forward to snow-free performances and an uninterrupted schedule of theatrical showcases.

Congratulations to Becca Allen, Hayley Mueller, and Brian Patterson. They competed in the 2010 Liberty District Theatre Festival at Marshall HS and placed 6th. They performed the short play, *The Tarantino Variation*.

Kudos to senior Emily Mannon, the winner of the LHS Shakespeare monologue competition. She will advance to the 21st Shakespeare Competition for the National Capital Region at the Lansburgh Theatre on March 8. Good luck, Emily!

Langley Theatre Honor Society students raised \$2,583.95 for Heifer International and their Haiti relief efforts.

The Langley Cappies critics are gearing up to review metro area high school spring shows. Look for published reviews at showbizradio.com, washingtonpost.com and in your local editions of the *Connection* newspapers. The 2010 critics are Emily Mannon and Janie Yurechko (co-lead critics), Becca Allen, Tess Higgins, Brian Patterson and Lauren Stewart. Visit the National Capital Area Cappies website to read student reviews: <http://www.cappies.com/shared/shows.php?year=2010®ion=NCA>

Due to inclement weather and venue schedules, the Student Video Festival previously scheduled for Feb 13, and the Retro Coffee House planned for Feb 27, will be re-scheduled. Stay tuned. Check www.saxonstage.com for updates.

Ms. Jaffe, students and chaperones are very excited about their spring trip to London on Mar 24. Students will sightsee in this cosmopolitan city, take master classes, and see West End theater productions. Cheerio!!

We want to fill the house!! Come see the spring play *Deadwood Dick or The Game of Gold*, a rootin' tootin' western melodrama of the Gay '90's. This comedy is set in a typical Wild West saloon, equipped with obligatory swinging doors, bar, tables, chairs and a hidden staircase!! *Deadwood Dick* promises a couple of hours of pure enjoyment. You'll boo, hiss, cheer and – especially – laugh! Fun for the whole family. Performances are March 18–20, 7:30 pm, in the auditorium. Online tickets are available at www.saxonstage.com.

WE NEED CHAIRS FOR OUR WESTERN SALOON – if you have some old, wooden chairs that can take a punch, please contact Phyliss Jaffe, pjaffe@fcps.edu.

Our next SSOC meeting is Tue March 2, 6 pm, in Room 101. Please join us – it's right before the spring play, and our students need your support!

Remember, visit www.saxonstage.com for theatre news and updates.

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Winter Sports

BOYS BASKETBALL: Congratulations to the team for winning their unprecedented third straight Liberty District Championship. No team in the Liberty District has ever accomplished this feat. Congratulations to Austin Kriz for being named to the All Tournament team and to Colin Jones for being named Tournament MVP. The Saxons began regional play on Wed, Feb 23.

GIRLS BASKETBALL: Our freshman team went undefeated and our JV team lost only three games all season! This gives us many talented young players with whom to build the program. Our varsity team went 7-5 in district play, in the snow-shortened season. The girls had an overall positive experience. We are losing 5 seniors to graduation: Mary Riley Pembroke, Whitney Wolaver, Kristen Kody, Alexis Doherty, and Brooke Gallagher. We are looking forward to a great future, and working on summer league and team camps! Also, we are making final plans

for Langley girls basketball summer camps for girls ages 8-14. We will have a shooting camp and post player camp for girls during the weeks of July 5 and July 26. Thank you for your support.

GYMNASTICS: Congratulations to our gymnastics team who placed 2nd in the Liberty District Meet and had a strong performance at the Northern Region Competition. Individual recognition goes to Caitie Simpson who was 2nd All-Around in the Liberty District and qualified for the Regional Meet. Other individual event qualifiers for the Northern Region Meet were Malia Berner, Jordan Kaihara, and Alice Ryland. Caitie Simpson qualified for States on beam with a 3rd place finish at Regionals. Congratulations girls on a great season!

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SWIM & DIVE: The team finished the dual meet season with 6-1 records for both boys and girls. At Liberty District Championships, the girls team finished second and the boys team finished third. The following individuals and relays were District champions: the boys 200 medley relay team of Stephen Richards, Chuck Katis, Alex Brumas, and Chris Pivik (also set a new district record); Chuck Katis in the 200 IM and 100 breast (also set a new district record); Abi Speers in the 50 free; Ryan Natal in the 100 fly; Stephen Richards in the 100 free (also set new school record); Jayme Katis in the 100 free; the girls 200 free relay team of Jayme Katis, Torrie Zarella, Megan Howard, and Abi Speers; the boys 400 free relay team of Ryan Natal, David Case, Chuck Katis, and Stephen Richards (also set a new school record).

At Northern Region Championships, the boys team finished third and the girls team finished second. The 200 medley relay team of Stephen Richards, Chuck Katis, Ryan Natal, and Chris Pivik not only won the event, but also established new Langley and Northern Region records. Chuck Katis won the 200 IM and the 100 breast and established new Langley records in each. For the girls, Jayme Katis won the 200 freestyle, and the 200 freestyle relay team of Meghan Overend, Megan Howard, Jayme Katis, and Abi Speers and the 400 freestyle relay team of Allie Zeidan, Abi Speers, Meghan Overend, and Jayme Katis also are 2010 Regional champions.

At State Championships, the boys and girls teams each finished in second place. This is the best finish for the boys in school history and the best finish for the girls since the last state title was earned by Langley in 2001. The boys 200 medley relay of Stephen Richards, Chuck Katis, Ryan Natal, and Chris Pivik are State Champions! Not only did they win the event, but they also set new State and NATIONAL short-course meters records! The girls 200 freestyle relay of Meghan Overend, Jayme Katis, Megan Howard, and Abi Speers are also State Champions! Like the boys medley relay, not only did the girls win the event, but they also set new State and NATIONAL records! Both relays can be viewed on YouTube. All three relays for each gender placed in the top eight and of the 12 individual event entries for Langley, nine swimmers placed in the top eight, and eleven placed in the top sixteen. By the end of the season, NINE new school records were established.

Thank you for your support of Langley Swim & Dive and please visit our website www.langleysports.org for further information. GO SAXONS!

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WINTER TRACK: The team had a great showing at the Northern Region Meet. As a result, eight boys and two girls competed Feb 26-27 in the State Meet in Hampton, VA. The boys team came in 2nd place, Regional Runner Ups!!! The girls team placed 17th. Results from the Regional Meet include:

Regional Winner:

Efosa Guobadia - high jump - STATE MEET QUALIFIER

2nd place:

Peter Sanson - long jump - STATE MEET QUALIFIER

Boys 4x200 - (Alex Maybury, Robbie Bennett, Andrew Matzke, Thomas Robinson) - STATE MEET QUALIFIER

3rd place:

Mary Fouse - 3200 meter run - STATE MEET QUALIFIER

Alex Maybury - triple jump, 55 hurdles, & 300 meter dash - STATE MEET QUALIFIERS

5th place:

Thomas Robinson - 55 dash - STATE MEET QUALIFIER

6th place:

Efosa Guobadia - triple jump - STATE MEET QUALIFIER

Stephen Browne - pole vault - STATE MEET QUALIFIER
Courtney West - 3200 meter run - STATE MEET QUALIFIER

7th place:

Jessica Miles - 1600 meter run

8th place:

Sarah Woodford - 500 meter dash

Girls 4x800 - (Bridget Chesney, Jessica Miles, Elissa Purdy, Mary Fouse)

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Spring Sports

CREW: We began our season on Feb 22 with more than 70 athletes on the roster. With the snow and ice, however, the team continues to practice in the Science hall until the Occoquan is clear. We expect to be on the water by March 1. Safety is our primary concern.

The team faced off against the West Springfield Spartans in the annual Ergathon Feb 21. There was a strong showing from all members. Donations to the team for the Ergathon, our primary fundraiser, are being accepted on the team website under the "Make an Online Ergathon Contribution" link.

The team is looking forward to the upcoming regatta season, with the first race on April 3 at the Occoquan Reservoir. The team will be racing most weekends through the middle of May after which we will head to several championship regattas. The team is also looking forward to its spring break trip. We will be traveling for the second year to Summerton, SC for a week of training, team building, and fun. For more information visit the crew website www.teampages.langleycrow.com or talk to one of the team captains: Will Chiang, Jon Souleles, Stephanie Plunkett, and Elyse Moy.

GIRLS LACROSSE: Once again, this year's schedule is challenging. We will play four games against out-of-District teams that played in either the Regional finals or semifinals last season - Loudoun Valley, Battlefield, Woodson and W. Springfield. We hosted a team kickoff buffet and planning meeting on Feb 28. Our varsity girls are looking forward to their first scrimmage and season kickoff game vs. Bishop O'Sullivan, an overnight trip to Virginia Beach on March 6. We are pleased to add Gary Morgan as goalie coach and Michelle Colville as head JV coach. For information about the Langley Lady Saxons program contact coach Richard DeSomma, rdesomma@aol.com, or check our websites, www.langleysports.org and www.laxpower.com.

GIRLS SOCCER: The team looks to make an impact during the 2010 season. Varsity returns five seniors, five juniors and sophomore Lizz Gentry. Of these returning players, nine saw significant playing time in 2009. Seniors Amanda DiGiammarino, Brooke Gallagher and Haley Fowler will be called upon to lead a large group of younger players. DiGiammarino and Gallagher have both started the last two seasons and will provide a stabilizing force through the middle. Fowler has had season-ending injuries each of the last two years and we are looking forward to her being healthy and making a difference with her speed on the outside flank.

The junior class is very deep with talent. Returning starter and 2nd Team All-District member Meredith Doherty will be called upon to help run the middle of the field. Doherty consistently shut down opposing forwards with her sharp defensive skills. She will also have the chance in 2010 to be a part of the play-making. Top offensive talent, who should score many goals this year, include the speedy Tarah Golzar and Jordan Blessing, the strong and feisty Tally Sternberg and multi-faceted Courtney Kim. We look for Carly Hafner to be healthy to help anchor the defensive line with Gallagher and fellow junior Tess Jerriel, who is a tenacious defensive back.

The sophomore class, led by last year's freshman phenom Lizz Gentry, includes many who encompass great technical ability, amazing speed and dedication to the game.

This year's team promises to be fast and high flying with a lot of offensive power. Make sure to come see us once the fields have dried!

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SOFTBALL: The season kicked off with tryouts that began on Feb 22. Hopefully if the snow can hold off and the spring sun starts shining, both the varsity and JV teams will play their first scrimmage on March 11.

BOYS TENNIS: We hope to have tryouts and begin the season for the varsity team just as soon as the snow melts and the courts dry. Last year's championship team graduated six players out of 16, and we are looking forward to competing for another championship this year. We continue to have two goals: improve skills and have fun. We will scrimmage against Washington & Lee at home, March 8. The season is scheduled to begin on March 19, 3:30 pm at home. Show up and show your support.

GIRLS TENNIS: The season began tryouts with removing 3 feet of snow from the tennis courts. Once the courts were cleared tryouts were underway. A team of 16 was selected. Due to the snow the scrimmage with Washington & Lee on March 9 was cancelled, but the team and the courts will be ready for the first match to be held at South Lakes. The first home match is Mon, March 22, 3:30 pm versus Madison. Come and cheer!

TRACK AND FIELD: Tryouts will be held March 1-5, 3-5 pm on the track. Please read all team information on www.langleysports.org.

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Upcoming Sports Information

ATHLETIC TRAINING: SAVE THE DATE! Come support Langley's athletic trainers and receive your VHSL physical on May 26 at Langley High School. Visit www.langleysports.org under Athletic Training for more information. Registration will begin in March.

FALL 2010 SPORTS OUTLOOK: The earliest day for most fall sports tryouts is August 10, August 3 for cross country and golf. The New Revised (4/07) VHSL physical form must be turned in to the Student Activities office in order for the student-athlete to participate in any fall sports team, practice or tryout. The physical date must be on or after **May 1, 2010** for the 2010-2011 school year. Make a copy for your records. Contact the Activities office, 703-287-2750 with any questions. Additional information can be found at www.langleysports.org.

LANGLEY SUMMER SPORTS CAMPS

Applications and information on camps will be listed on the Langley Sports website www.langleysports.org as soon as they are available.

June 21-25	Volleyball	(Application now available)
June 28-July 2	Cheerleading	
July 6-9	Girls Basketball	
July 12-16	Boys Basketball	
July 19-23	Boys Basketball	
July 26-30	Girls Basketball	

**May Newsletter deadline:
Tuesday, April 20**

To cover dates 4/26/10 through 5/24/10

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Langley school website
Langley PTSA website

<http://www.fcps.edu/LangleyHS/>
www.LangleyPTSA.org

Calendar for Langley PTSA & Activities, 3/1– 4/24/10

March 2010

1 Mon **English 11 Writing SOL**
(through 4 Thu)
Sophomore parent coffee, 9:00 am, Cafeteria

2 Tue **Rising junior 2010-11 course registration begins** (through 15 March)

3 Wed **PTSA executive board meeting**, 9:30 am, PTSA Conf. Center
Wind Symphony trip to Indianapolis (through 7 Sun)

4 Thu **Fairfax Academy Information Night**, 7:30 – 9:00 pm, Fairfax High School Auditorium

6 Sat **District XII Orchestra Festival performance**, 7:10 pm, Madison HS

9 Tue **Choral pre-festival concert**, 7:30 pm, Auditorium

10 Wed **Third quarter interims to students**
Family Network program: *What's the Big Deal? – Kids Will Be Kids*, 9:00 - 10:45 am, Auditorium

11 Thu **SAT/ACT Accommodations workshop**, 7:00 pm, Library
Baccalaureate committee meeting, 2:20 pm, PTSA Conference Center

12 Fri **District XII Band Festival**, South Lakes HS (also 13 Sat)

13 Sat **SAT** (not at LHS)

16 Tue **Rising sophomore 2010-11 course registration begins** (through 26 March)

17 Wed **Band trip to Orlando, FL** (through 21 Sun)
ANGP meeting, 10:00 am – 12:00 pm, PTSA Conf. Center

18 Thu **Senior parent coffee**, 9:30 – 11:00 am, Auditorium
Spring play: *Deadwood Dick or The Game of Gold*, 7:30 pm, Auditorium (also 19 Fri, 20 Sat)

19 Fri **District XII Choral Festival**, South Lakes HS (also 20 Sat)

23 Tue **Student directed one-act play auditions**, 3:00 – 5:00 pm

24 Wed **Principal's coffee**, 9:15 am, Auditorium
Theatre trip to London (through 1 April)
Safe Community Coalition's Community Conversation, 7:00 pm, McLean Community Center

26 Fri **Signed course requests, elective changes and AP contract deadline for 2010-11**

29 Mon **Begin spring vacation through Fri 2 Apr**

April 2010

5 Mon **School resumes**

6 Tue **Table leader training for Senior ethics forum**, 7:00 pm, Library

7 Wed **PTSA general membership meeting**, 7:30 pm, PTSA Conference Center

9 Fri **Third grading period ends**

10 Sat **ACT at LHS**
Choral fundraiser car wash, 9:00 am – 3:00 pm, Great Falls Exxon

12 Mon **School in session**

14 Wed **Fourth grading period begins**
Choral trip to San Antonio, TX (through 18 Sun)

15 Thu **Senior ethics forum**, 8:00 am – 2:00 pm, Gannett Headquarters, McLean

17 Sat **Orchestra fundraiser car wash**, 9:00 am – 3:00 pm, McLean BP

19 Mon **Third quarter report cards to students**

20 Tue **Newsletter deadline**, 3:00 pm

22 Thu **Junior parent coffee**, 7:00 – 9:00 pm, Library
Orchestra trip to Orlando, FL (through 25 Sun)

23 Fri **Student directed one-act plays**, 7:30 pm, Auditorium (also 24 Sat)